

IN THE SPECIFICATION (FROM PREVIOUS AMENDMENT FILED 4/17/06):

On page 5, lines 25-35, to page 6, lines 1-3, amend the
paragraphs to read as follows:

The plate 32 has a shape, viewed from the top or bottom, of an elongated rectangle and has a substantially arc-shaped (U-shaped) cross section with a rising portion thereof along its longitudinal direction. The plate 32, as shown, has two ribs that extend along the longitudinal direction in the middle thereof. The plate 32 has two substantially opposite longitudinal edges 40 and substantially opposite transverse ends. A bent bottom edge 44 is formed each along both of the longitudinal edges 40 (Figure 2). The opposite longitudinal edges are therefore directed toward each other. The plate 32 can be configured in profile as an upside down "U" as shown, ~~or a right side up "U".~~ The elongated plate 32 is made of metal or any other suitable material which has enough rigidity and can provide a stable attachment for other parts of the mechanism, while light-weight, material-saving and cost-saving. Two holes 46 are provided in the plate 32 (Figure 5) for receiving and attaching a bushing 48 respectively, so that the mechanism can be fastened in a file folder of a notebook. Six additional holes 52 are positioned along the

longitudinal edges 40 for receiving a ring that passes therethrough respectively. Those plates or shells that have other kinds of shapes, including irregular shapes, or those mechanisms that are formed in a file folder or a notebook integrally, all fall within the scope of the present invention.